

Asexuality 101

by Ace Toronto

acutoronto.wordpress.com

Everything you've
wanted to know about
Asexuality but didn't
know how to ask.

Guidelines

- Ableism, heterosexism, and transphobia and/or gender policing will not be tolerated
- Allow others to self identify
- Avoid asking questions about the panelists' bodies.
- Speak on behalf of your own experiences, not on others/ a group(s).
- Take call outs gracefully

Many Types of attraction

- Sexual
- Romantic
- Aesthetic
- Intellectual
- Sensual
- Ect..

What Is asexuality?

- Asexuality: A sexual orientation describing people who do not experience sexual attraction
- Asexual: Someone who experiences no sexual attraction and/or sexual desire for *partnered* sex

The Asexual Spectrum

- Grey-Asexual/ Greysexual: Someone who very rarely experiences sexual attraction
- Demisexual: Someone who cannot/ does not experience sexual attraction unless there is an emotional connection formed first

Romantic orientations

- Romantic vs. Sexual Attraction
 - Aromantic
 - Biromantic
 - Panromantic
 - Polyromantic
 - Homoromantic
 - Heteroromantic
 - Etc..

Asexual myth busting

And its limits

The limits of “Myth busting”

- Asexual community is diverse
- Some of us do fit various stereotypes
- E.g. Some of us...
 - Are on the autistic spectrum
 - Deal with mental health concerns
 - Have physical disabilities
 - Are survivors of violence
 - Are trans and/or gender variant
- Someone's asexuality may or may not be related to these things

Why does this matter?

- Asexuality is not recognized as legitimate
 - Or as even existing
- Sex-centered and romance-centered values
 - Romantic love and/or sex= Humanity
 - Love = Sex (and vice versa)
 - Compulsory sexuality and pressure to conform, perform and put-out
- Recognition for asexual people's diverse relationships

Resources

- **Basic info:**

- Asexual Visibility & Education Network:
<http://www.asexuality.org>

- **Printable resources and videos:**

- Asexual Awareness Week:
<http://asexualawarenessweek.com>

- **More in-depth discussions:**

- The Asexual Agenda:
<http://asexualagenda.wordpress.com>

Thank you.

Q & A Time.